

Since 1986, Youth Villages Tennessee has **helped more than 150,000 children and young adults** and is a national leader in children's mental and behavioral health, focused on providing the most effective help to children with emotional and behavioral problems, their families, and young adults who are aging out of state services. By partnering with innovative state leaders and philanthropists, Youth Villages spurs positive change to child welfare, children's mental health and juvenile justice systems through public-private partnerships, value or performance-based contracting and a focus on achieving long-lasting positive outcomes for the most challenging youth and families.

### IMPACT OUTCOMES 12 months post discharge



*Response Rate: April 2018-March 2021 | 12-month follow-up 42% (3,883 out of 9,240)  
Includes only youth who received at least 60 days of service. Rate of re-entry into Youth Villages services: 11.5% (1,195 out of 10,435)*

## Our Programs

### Intercept<sup>®</sup>

Intercept is an evidence-based intensive in-home service offering a systemic, individualized approach that strengthens families and prevents the need for foster or out-of-home care.

### YVImpact

YVImpact provides enhanced services, beyond Intercept, tailored to the needs of youth stepping down to the community from intensive residential placements. This enhanced program focuses intervention on the family system to ensure stability and long term placement success.

### Thrive

Thrive intervenes at the critical point following a youth's first encounter with the juvenile justice system. Thrive diverts youth from further juvenile justice involvement through in-home, family-based services, primarily through two evidence-based interventions: Collaborative Problem Solving and Motivational Interviewing.

### Multisystemic Therapy (MST)

Multisystemic Therapy is a proven in-home model for youth (ages 12-17) who display antisocial behaviors. Youth Villages provides the standard MST model across the state.

### LifeSet<sup>™</sup>

Provides young people leaving the foster care, juvenile justice and mental health systems the intensive in-home support they need to make a successful transition to adulthood.

### Multisystemic Therapy for Emerging Adults

MST-EA is targeted for transition-age youth who have criminal justice system involvement, along with mental health and/or substance abuse issues. MST-EA is currently delivered as a pilot in the Northeast Tennessee area, and is being evaluated under a federally-funded clinical trial.

### Treatment Foster Care & Adoption Services

Youth Villages partners with the Tennessee Department of Children's Services to find foster and/or permanent adoption placements for children without biological family options.

### Specialized Crisis Services

SCS provides assessments of children up to age 18 who experience psychiatric emergencies. Through the program, specially trained crisis counselors respond to crises rapidly and effectively, wherever and whenever they occur. The program serves most of Tennessee.

### Residential/Intensive Residential Treatment

Youth Villages provides residential treatment to boys and girls on three open campuses. Our intensive residential treatment centers provide more intensive support for children and teenagers who require constant supervision due to serious behaviors and mental health issues.

### Community-Based Group Homes

Group homes allow young people to receive mental health support while they learn to live successfully in the community.



# Gloria

At 16, Gloria had already experienced enough severe challenges. When Family Intervention Specialist Brittany Sherman first met Gloria, the teenager's family — her son, her mother and brother — were living in a small motel room in a sketchy area of town. Paxton, 12, was still enrolled in school, but Gloria hadn't gone back to school after ninth grade.

Sherman began meeting with the family at the motel, three times each week to provide intensive help and support. They began to work on safer housing and meeting basic clothing and food needs. Gloria's mother was focused on getting a job, but it soon became apparent that she was terminally ill.

The stability of a permanent home helped Gloria in the weeks after her mother's death, as did Intercept's continued support. Sherman helped the children grieve and work on other things, like education and employment.

Gloria went back to school at Pathways, a flexible public high school, and got a job working almost 40 hours a week to help with finances. "She's making As and Bs and wants to graduate," Sherman said. "She's saving for a car, because transportation is so important."

And, for Gloria, the future is coming into focus. "When I turn 18, I want to formally adopt Paxton and get a place for us," Gloria said. She's looking at furthering her education after high school and maybe a career in the military.

"I believe she'll do it!" Sherman said. "She's very mature, a great young mom, and she's cared for Paxton all his life."

## YOUTH VILLAGES TENNESSEE LOCATIONS

Chattanooga | Dyersburg | Memphis | Clarksville | Jackson | Morristown | Columbia | Johnson City  
Nashville | Cookeville | Knoxville | Paris | Dickson

TO LEARN MORE ABOUT  
YOUTH VILLAGES IN TENNESSEE,  
CONTACT US TODAY.

**JEREMY BREITHAAPT**  
**DIRECTOR OF COMMUNITY-BASED PROGRAM STRATEGY**

615-250-7271  
jeremy.breithaupt@youthvillages.org

**Youth VILLAGES**<sup>®</sup>

The force for families

youthvillages.org

Youth Villages is a national leader in children's mental and behavioral health, committed to building strong families, delivering effective services and significantly improving outcomes for children, families and young people involved in child welfare and juvenile justice systems across the country. Founded in 1986, the organization's 3,300 employees help more than 30,000 children annually in 23 states and the District of Columbia. Youth Villages has been recognized by the Harvard Business School and U.S. News & World Report and was identified by The White House as one of the nation's most promising results-oriented nonprofit organizations.

Connect with us



Youth Villages is accredited  
by the Joint Commission.

© 2021 Youth Villages, Inc. All rights reserved.